

# Blockchain Technology in Healthcare Billing: Enhancing Transparency and Security

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#### Abstract

This paper explores the potential of blockchain technology to address challenges in healthcare billing by enhancing transparency and security. Traditional healthcare billing processes face issues such as inefficiencies, errors, and vulnerability to fraud. Blockchain, with its decentralized and immutable ledger, offers promising solutions to these challenges. This research examines the fundamental concepts of blockchain, its application in healthcare billing, and the potential benefits and challenges of implementation. The study finds that blockchain can significantly improve claim processing, reduce errors, enhance data security, and increase overall efficiency in healthcare billing systems. However, scalability issues, adoption barriers, and regulatory considerations must be addressed for successful implementation.

Keywords: Blockchain, Healthcare Billing, Transparency, Security, Smart Contracts, Interoperability

#### Introduction

### 1.1 Background on Healthcare Billing Challenges

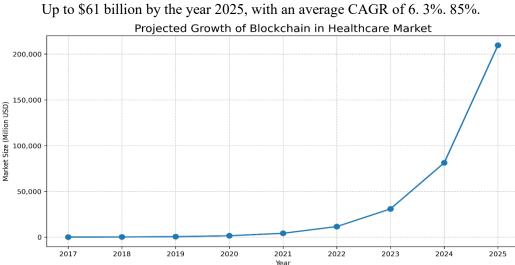
Healthcare billing is a complex process involving multiple stakeholders, including patients, providers, insurers, and government agencies. The current system is not without its problems; problems like ineffective and disparate claim processing, billing including errors and fraud, and no or little accountability. Such problems cause a raise in administrative costs, extended payment time, and dissatisfied patients. The research work done by Himmelstein et al (2014) on the cost of healthcare administration in the United States revealed that the cost had grown to \$471 billion in 2012, and was equivalent to 25% of the total healthcare expenditure. The annual cost is now 3% of total hospital expenditures. This actually portrays Australia as having a less efficient billing methods as compared to other developed countries and hence the need to have efficient billing methods.

#### **1.2 Overview of Blockchain Technology**

Blockchain is a distributed and decentralised record keeping technology that is quite secure and less prone to tampering. Blockchain that was designed initially for cryptocurrencies such as bitcoin has

demonstrated the ability to serve in other sectors inclusive of health care. The features of decentralization, immutability, and transparency make the technology applicable where the problems are situated in the sphere of healthcare billing. A report by MarketsandMarkets (2017) estimated that the blockchain in healthcare market would have a CAGR from \$56. From \$2 million in 2017 to \$5.

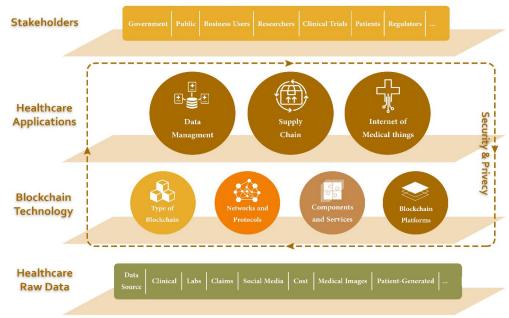




#### 2018 2017

# **1.3 Research Objectives**

This study aims to analyze the current state of healthcare billing and its challenges, explore the fundamentals of blockchain technology and its potential applications in healthcare, examine how blockchain can enhance transparency and security in healthcare billing, and identify potential benefits, challenges, and future directions for blockchain implementation in healthcare billing systems.



# **Current State of Healthcare Billing** 2.1 Traditional Billing Processes

The process of healthcare billing includes patient registration and insurance validation, service delivery and documentation, coding the medical bill, submitting claims, receiving claims processing, payment processing, follow up and collection. Primarily, this process includes data typing, paperwork, and many intermediaries, which creates problems of quantity and quality. According to Smelcer et al. (2017), these processes are complex hence a major driver to the high administrative cost in this industry. Employing physicians spend three hours a week on billing, The American Medical Association AMA, meaning each physician is spending approximately \$83,000 per year on billing.

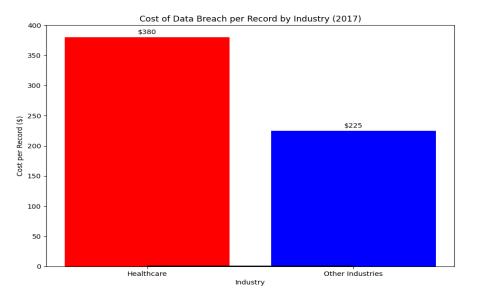


# 2.2 Existing Challenges and Inefficiencies

There are several issues with the current system of heath care billing. Among these wastes, administrative costs that were discussed earlier take a lion's share of the overall healthcare expenses. Claims processing mistakes are also common by one accounting for 30-40% of the medical bills as stated by Kacik (2017). This results to lot of claims denials and delayed payment, the time taken to process a claim is from 30-90 days (LaPointe, 2017). According to Change Healthcare (2017), there were \$3 trillion in medical claims from facilities in the United States in 2016 out of they were \$262 billion denied at first rejection, touching on 9% of claims with value above \$5,000. However, many of the times the breakdown of the billing is not made clear and this leaves the patients overwhelmed with their hospital bills or insurance policies.

### 2.3 Security Concerns in Healthcare Data Management

That is why the healthcare data is one of the most attractive targets for the cybercriminals as it is staking and deserves special attention. The healthcare sector faced 328 data breaches in 2017 and all these breaches impacted over 5 million patient records (HIPAA Journal, 2018). The Ponemon Institute's 2017 Cost of Data Breach Study revealed that healthcare data breaches for organisations costs them \$380 per record making it the industry with the highest cost per record. The protection of the patient data remains a problem while at the same allowing access to other legal parties. That leads to such disparities as centralized data storage and security issues due to single points of failure and cyberattacks on the current medical data storage.



# Blockchain Technology: Fundamentals and Applications

### 3.1 Core Concepts of Blockchain

Cryptos are a distributed forms ledger based on blockchain that captures the transaction in a network of computers. Every transaction is placed in a block and the blocks are down linked creating a chain of blocks known as a blockchain. This structure makes it secure because once a transaction has been done, and put in the database, it cannot be changed without changing all blocks following it, making the system free from tampering.

The key components of blockchain technology include:

1. Distributed Ledger: It is a database distributed and duplicated into two or more nodes on the network where the copies are in harmony.



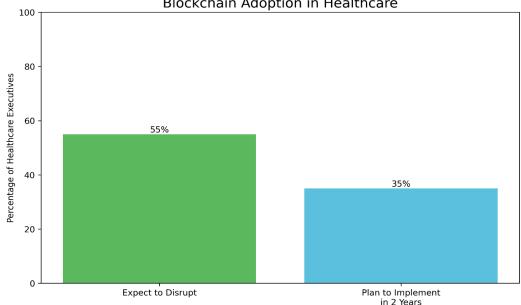
- 2. Consensus Mechanism: Algorithm by which all nodes in the blockchain share the same view of the transactions and the status of the ledger.
- 3. Cryptography: Once employed to guarantee monetary exchange and preserve the purity of the record.
- 4. Smart Contracts: Contracts that perform activities with reference to the provisions of a contract inserted in lines of code.

### 3.2 Types of Blockchain Networks

Blockchain networks can be categorized into three main types:

- 1. Public Blockchain: Forged on a bi-party basis, meaning that is not owned and governed by a central bigger organization. They include such cryptocurrencies as Bitcoin and Ethereum.
- 2. Private Blockchain: Limited to a certain people only, normally implemented in a certain firm only.
- 3. Consortium Blockchain: A type of distributed ledger that is partially public and partially private, controlled by a set of organizations.

In the context of the healthcare billing, the consortium blockchains are indeed applicable since they enable the cooperation between several actors in the healthcare sector, including providers, insurers, etc., yet granting the control over the network to certain number of individuals. According to Deloitte's study held in 2016, 55% of healthcare executives agrees that blockchain might disrupt the overall healthcare industry, 35% of which will incline to incorporate blockchain solutions in the following two years.



# Blockchain Adoption in Healthcare

### 3.3 Smart Contracts and Their Potential in Healthcare

Smart contracts are digital contracts in which terms of the agreement are written in code and are selfexecuting. Following are the ways smart contracts in healthcare billing can work; Claim processing and payment can be automated by smart contracts. For example, smart contract may check patient's insurance details and if he is eligible for reimbursement, judge by certain rules whether to approve the reimbursement or not and if approved, then process the reimbursement. A specific report published by Frost & Sullivan (2017) came up with an approximate figure of up to \$11 which can be saved by the help of smart contracts in the field of healthcare. Annual costs of administration to reach \$9 billion by the year 2025.



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Here	's	a simplified	example	of a	smart	contract	for	healthcare	claim	processing:
pra	gma	solidity ^0.5	.0;							
cont	trac	t HealthcareC	laim {							
	struct Claim {									
		address pati								
		address prov uint256 amou								
		bool approve								
		<pre>bool paid;</pre>								
	}									
	<pre>mapping(uint256 =&gt; Claim) public claims;</pre>									
	uint256 public claimCount;									
	<pre>function submitClaim(address _patient, address _provider, uint256 _amount) public {</pre>									
	claimCount++;									
	claims[claimCount] = Claim(_patient, _provider, _amount, false, false); ک									
	}									
	<pre>function approveClaim(uint256 _claimId) public {  require(!claims[_claimId].approved, "Claim already approved");  claims[_claimId].approved = true;</pre>									
	}	crarms[_crar	mini i abbi o	veu = i	uue;					
	<pre>function processPayout(uint256 _claimId) public {  require(claims[_claimId].approved, "Claim not approved");</pre>									
		require(clai require(!cla								
		// Process p								
		claims[_clai	mId].paid	= true	;					
ı	}									
1										

This smart contract demonstrates basic functionality for submitting, approving, and processing healthcare claims on a blockchain network.

### Implementing Blockchain in Healthcare Billing

### 4.1 Architectural Framework

Blockchain in healthcare billing can only be done after the right architectural design that will enable block chain and other health care system to mesh. A typical blockchain-based healthcare billing system would consist of the following components:

- 1. Blockchain Network: This is a kind of blockchain that is common to all the healthcare providers, insurers and all potential parties of the healthcare system.
- 2. Smart Contracts: Primarily for the purpose of automating the claims processing, and payment processing, and other billing related activities.



- 3. Off-chain Storage: More specifically, it is suitable for storing massive data and the patients' personal data as hashes are only placed on the blockchain.
- 4. Integration Layer: In order to integrate the imaging data onto the blockchain with the mainstream healthcare IT systems like EHR and PMS.
- 5. User Interfaces: Through the context, patients, healthcare providers, and insurers to be able to interact with the billing system that is based on blockchain technology.

A study by IBM (2016) found that 16% of healthcare executives expected to have a commercial blockchain solution at scale in 2017, while 56% expected to by 2020.

## 4.2 Integration with Existing Healthcare Systems

This therefore calls for the implementation of blockchain technology in healthcare setting, it must be integrated into the current systems. The above integration can be realized through Applications Programming Interfaces APIs and/or middleware solutions. For instance, HL7 FHIR are the standards allowing to integrate data exchange between Blockchains and conventional HIT infrastructures. Black book market research survey (2017) established that 93% of managed care executives expected that blockchain technology was going to be a major strategic tool in exchange of health information by the year 2020.

### 4.3 Consensus Mechanisms for Healthcare Data Validation

Choosing a proper consensus mechanism is very important to the reliability and performance of the blockchain network. Most of the cryptocurrencies used for trading, payment and remittance services translate into transaction speed and energy efficiency particularly in areas like healthcare billing, Proof of Stake (PoS) or Byzantine Fault Tolerance (BFT) would be more preferable than the energy costly Proof of Work (PoW) model of Bitcoin. A survey conducted by Zheng et al. (2017) with a comparative statistic of various consensus algorithms showed that BFT consensus algorithms had better TPS and transaction latency therefore, more suitable for HCIs.

# Enhancing Transparency in Healthcare Billing

# 5.1 Real-time Claim Processing and Tracking

The efficient use of time in handling claims through block-chain means that there is fast real-time processing and tracking of claims. It helps to avail all the stakeholders with the current status of a claim thereby cutting down the time to be followed up. Deloitte (2016) examined the potential of blockchain to minimize the cost of the health sector administration that could be 30-50% due to enhanced efficiency in claims and payments. This is estimated to mean annual savings of \$75-\$150 billion in the United States only.

### 5.2 Audit Trails and Immutable Records

The clarity of blockchain means that all the contempo and any changes to healthcare billing records are all stored and can easily be traced. This makes the system to be transparent with a non-tamper record of events which are very useful in detecting fraud. From the NHCAA, it is found out that the US annually loses about \$68 billion or 3% of the country's \$2 trillion through healthcare fraud. It clearly shows that over roughly the same period global annual healthcare expending reached the incredible figure of 26 trillion. This figure could be drastically reduced by the use of blockchain as the latter provides the platform to create flawless audit trails.

### 5.3 Reduction of Billing Errors and Fraud

Through smart contracts that would handle many aspects of billing, as well as through having a transparent ledger for all stakeholders to see, blockchain stands to greatly minimize the occurrence of billing errors, and the possibilities for fraud. For instance, in billing, it cuts out issues of double billing hence ensuring that every service given ought to be acknowledged and certified before issuing of bills. Market research conducted by Frost & Sullivan (2017) claimed that blockchain technology could reduce



70% of the healthcare data breaches possibly saving up to \$ 3 billion per annum to the healthcare industry.

### **Improving Security in Healthcare Data Management**

### 6.1 Encryption and Data Protection Measures

Like any other technology, blockchain science uses complex cryptographic procedures to protect information. Much patient information can be encrypted and saved to an off-chain, while the hash of the data is stored on the blockchain in healthcare billing. This approach is safe from the aspect of data protection while preserving the data and origins of the information. MIT Technology Review in a study that was conducted in 2017 estimated that by adoption of blockchain systems the cost of data breaches could be cut by as much in some business sectors including the health sector by approximately 95 %.

### 6.2 Access Control and Identity Management

Evaluations for blockchain-based systems show that; secure techniques of access control as well as identity management can be integrated. For instance, using the digital signatures and multi-factor authentication mechanisms, a blockchain network will only allow parties with the proper permission to access or manipulate information on healthcare billing. This also assist in minimising the cases of the hackers gaining access to the important data ad thus it reduces the incidence of the leakage. According to Accenture (2017) global survey, 91 percent of the respondents who are healthcare executives affirmed that blockchain technology could enhance the security of e-health records.

#### 6.3 Compliance with Healthcare Regulations (e.g., HIPAA)

Realisation of blockchain solutions in the sphere of healthcare billing is possible, but they must meet demands of contemporary regulations, for example, HIPAA in the USA. Some of the properties of blockchain are data security and privacy that include the following; encryption, access control and the possibility of tracking all records which are suitable characteristics of HIPAA. But there is the need to exercise a lot of caution to ensure that all legal formalities have been met as the implementation process is being executed. A survey conducted by the Office of the National Coordinator for Health Information Technology (ONC) (2018) noted that blockchain had the potential of improving the privacy and security of eHIE.

### Potential Benefits of Blockchain in Healthcare Billing

### 7.1 Cost Reduction and Operational Efficiency

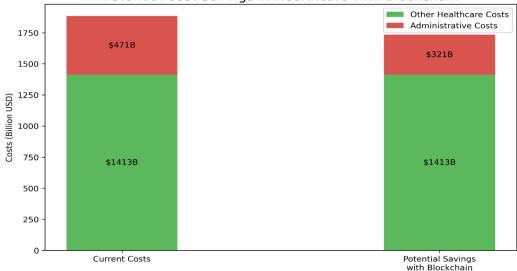
Blockchain is one of the technologies that leads to a reduction of the administrative burden in healthcare billing. Cutting intermediaries by a large extent and automating most operations,

blockchain contributes to the efficiency of organizational procedures. According to a report published by BIS Research (2018), blockchain in healthcare was predicted to provide yearly savings ranging from \$100 - \$150 billion by the year 2025 through aspects such as optimization of the expenses



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incurred, better security, and compatibility. Potential Cost Savings in Healthcare with Blockchain



### 7.2 Improved Patient Trust and Satisfaction

By incorporation of transparency and security that is presented by blockchain patient satisfaction and confidence can be enhanced. Patients could be more informed in terms of the costs of their treatments, insurance, and even the progression of their claims. such a move may assist in lowering the incidences of billing disagreements that are socially unconstructive to patient satisfaction. According to PwC Health Research Institute's survey in 2017, the percentage of respondents who were willing to share their personal health information with the healthcare providers in order to enhance co-ordination and avoid unnecessary mistakes was 49%.

#### 7.3 Interoperability and Data Sharing Among Stakeholders

Blockchain may prove useful in creating information sharing amongst the involved parties such as health care givers, insurers and other parties. These improved forms of communication can cause coordination in care, less documentation, and correct billing. A research that was conducted by IBM early this year showed that 56 percent of healthcare executives are planning on how to use blockchain for information swapping by 2020. Blockchain was also named by the ONC (2018) as being suitable for the realisation of the nationwide health information exchange.

#### **Challenges and Limitations**

#### **8.1 Scalability Issues**

The greatest concern to the use of blockchain implementation in healthcare billing is the issue of scalability. Modern CHW actors produce large amounts of data; nevertheless, the existing SU blockchain technologies could fail to manage them suitably. But these are problems that are still being researched, probable solutions include sharding and off-chain transactions. Croman et al. , (2016) for instance note that at best, Bitcoin's blockchain transfers 7 transactions per second and this informed their note that research needs to explore more scalable solutions for use in the healthcare system.

#### 8.2 Adoption Barriers in the Healthcare Industry

The healthcare industry is one of the industries that is characterized by slow integration of new technologies because of regulatory factors, old technologies, and culture. Introducing blockchain in the billing of healthcare services means adopting which will need constant and massive investment in the technology, the staff, and culture. According to a survey conducted by Deloitte in 2018, there is optimism about the dispersive impact of blockchain in the healthcare sector despite a lack of ambition



of its usage in the subsequent year; only 25 percent of the healthcare executives had plans to use this technology in the subsequent year.

# 8.3 Regulatory and Legal Considerations

There are restrictions and certain challenge when it comes to medical billing and insurance through the use of block chain technology. Example of these important questions includes the questions to do with data protection, the transfer of data across borders, and some legal characteristics of smart contracts remain to be answered. Stakeholders, regulators including policymakers will in the future require supporting collaboration to define right frameworks in healthcare that enhance blockchain adoption. Another opinion was provided by the European Union Blockchain Observatory and Forum (2018) who much emphasized the equivocality of the regulatory environments and the requirement of receiving certain certifications to apply blockchain in healthcare and other sectors.

# **Future Directions and Research Opportunities**

### 9.1 Emerging Blockchain Technologies in Healthcare

The study on the implications of blockchain in healthcare remains all the more a burgeoning field. The use of new technologies, for example, zero-knowledge proofs and homomorphic encryption will provide suitable solutions for strengthening privacy and security to block chain-based health care systems. Most of these could help overcome some of the existing challenges and open the doors for applying blockchain in most of the healthcare billing. In their study, Kuo et al. (2017) have listed more possible uses of blockchain in healthcare except for billing: clinical trials, supply chain management and precision medicine.

### 9.2 Integration with Artificial Intelligence and IoT

The combination of Blockchain with other future technologies like Ai, IoT in healthcare billing had many good probabilities. AI can be used to improve the methods for fraud detection and simplify the complicated billing processes, IoT is able to be used for real time billing. According to a study by Frost & Sullivan (2018) the synergistic application of AI and blockchain in the health care sector would be able to save seven crore dollars by 2025.

### 9.3 Potential for Global Healthcare Billing Standards

The disruption that/blockchain has can be utilized in order to establish and sustain an international standard for billing in health care. Due to the decentralised structure of blockchain technology, the latter could help to improve the collaboration and regulation of billing practices in the sphere of healthcare and various countries. A study done by the World Health Organization (WHO) (2018) noted the lack of global norms and standards for exchanging health information. Blockchain can be the key to the formation of these international standards, which, at best, can significantly minimize administrative expenses and improve the patient's outcome worldwide.

#### Conclusion

### **10.1 Summary of Findings**

This paper has shown that the blockchain technology can be highly effective to tackle major problems that are related to healthcare billing processes. A closer look into the way blockchain technology can shape the future of healthcare billing will show how the existing processes can be made much more transparent, secure and efficient. The system provides tailored approaches to problems that have been existent for a long time, for instance, exorbitant administrative charges, erroneous billing, and lack of data security. Research has estimated that implementation of blockchain in the different humanity sectors could have the following benefits: overall reduced costs, patients' satisfaction, and standardized cooperation between all healthcare parties.



# **10.2 Implications for Healthcare Providers and Payers**

The integration of blockchain technology in the health care billing has a great impact on the health care providers as well as the payers. It says it can cut expenses to the utmost, offer better organizational functionality, and increase patients' satisfaction. But at the same time it implies major shifts in current patterns of working and people involved must be ready to modify how they work, this is why planning and implementation of such approaches are crucial. Various types of healthcare organizations shall establish their processes and systems to make the most out of blockchain technology, this process will require new acquisitions of technologies, education, and installations. These factors could also have an impact of resultant reduced insurance cost and enhanced actuarial risk measures.

#### **10.3 Recommendations for Implementation**

To successfully implement blockchain in healthcare billing, the following recommendations are proposed:

- 1. Initiate with pilots to showcase its worth, applicability in certain areas and the return on investment from block chain. This approach entails that organization get to practice on the use of the technology and possibly detect any hindrances to its implementation.
- 2. Work with other suppliers of the healthcare industry to determine appropriate guidelines and methodologies for the precise use of blockchain systems in healthcare. This may go a long way in dealing with other compatibility problems which result from the implementation of blocks chain solutions that are incompatible with different health care systems.
- 3. Educate and train the personnel to attain the required skills and information within the company. This entails not only providing the technical training, but also the awareness and sensitisation of the staff on possible impacts or the possible positive implications of blockchain as well as changes to process flows it may imply.
- 4. Collaborate with regulators and policymakers to fight legal and regulatory issues. It may require promoting the adoption of new regulations that will consider blockchain technology while protecting patients' information and data.
- 5. Regular auditing and assessment of the effectiveness of the Blockchain systems in delivering the expected value. Such form of assessment can be done continuously so that they can determine areas of strength, weakness, and opportunities for future development.

All in all, it can be stated that the opportunities are numerous, although the matter remains rather questionable to this date. Industry experts believe that as a dependable and secure, tamper-proof technology, becomes more widespread the main challenges are overcome, blockchain will revolution the field of healthcare billing. Linking blockchain technology with other advanced technologies like artificial intelligence and the internet of things would only amplify the benefits they extend, and this can revolutionalize the healthcare system. Over several years of further study on blockchain implementation by several organizations, we should be able to expect more improvements in the various methods of healthcare billing.

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